



**CHUCK LYNCH**

# **PLAY BETTER GOLF ACADEMY**

AT

## **TWIN LAKES GOLF COURSE**



### **SWING BUILDING BLOCKS**

Golf is a game for a lifetime. We at Play Better Golf Academy teach the fundamentals of the golf swing so that our students will play their best golf throughout their lives. The earlier in life you master the fundamentals the longer you will have to enjoy this great game. The fundamentals of golf don't change whether you are 5 or 55. Following is a synopsis of what to expect from your group class at Twin Lakes.

#### **Putting:**

- Learn how to get ready to make a putt using underhand roll to the hole
- Standing on the side of the line of the putt
- Learn how to hold the putter
  - Use 4 tees to identify a putter head space and back swing and forward swing path and arc, and square face at impact.
- Use the putter to roll the ball to the hole
- Make 3 to 5 foot putts
- Learn pace using the ladder drill

#### **Chipping and Pitching:**

- Learn the correct ball position, stance, weight distribution, body tilt and shaft lean with different clubs
- Use different clubs to show the effect of loft on the shot
- Determine the length of the swing required to produce the desired shot
- Chip to a target on the putting green

#### **Full Swing:**

- Learn the pre-swing fundamentals of grip, stance, posture, ball position and alignment
- Making a complete back swing above the trail shoulder with thumbs under the club
- Transfer weight and balance to the lead leg returning the club to a square impact
- Follow through to a balanced finish above and behind the lead shoulder with the thumbs under the club
- Use the full swing to hit range balls with different clubs

#### **On course Playing Lesson:**

- Instruction in basic golf etiquette and rules.
- Identify all parts of the course including teeing ground fairway, rough, bunkers, and putting green. Learn maintenance of the course including repairing fairway divots, repairing ball marks on the green, and raking bunkers. Course management and shot selection.
- Honor and integrity of correctly marking the score card.